


The Importance of Your Relationship with Your Primary Care Provider

Good communication between your **Primary Care Provider (PCP)** and your behavioral health provider can help lead to better health outcomes and management of your overall physical and behavioral health.

Your health care team can be made of up several different types of doctors or specialists, starting with your PCP. A PCP is a doctor who helps you maintain overall health. Their primary role is to provide preventive care and teach you about healthy choices, as well as identify common medical conditions in order to direct you to the best option for care.

 Remember that information about your treatment is confidential and is only shared when necessary to ensure the best possible care is given to you by all of your providers.

See other side for additional information and steps to finding a PCP.



Behavioral health concerns can directly impact your physical health. It is important that your PCP is aware of your behavioral health treatment, and other care you receive. This is for the benefit of your overall health and well-being.



MVP has resources and programs to support members living with a behavioral health concern. To learn more, visit mvphealthcare.com/behavioralhealth.

What is the importance of an annual well-care visit?

It is recommended that adults have a well-care visit with their PCP once a year. That is a good time to update your doctor on your behavioral health treatment. Your PCP may have questions for your behavioral health provider.



Need help finding a provider?

- ✔ Visit **mvphealthcare.com/findadoctor**. For personalized results, before you search sign in to Gia® at **my.mvphealthcare.com** or tap *Find Care* in the *Gia by MVP* mobile app.
- ✔ Call **1-866-942-7966** Monday–Friday, 8:30 am–5 pm to connect with an MVP Case Manager.



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